

Pregnancy Medication List

It is recommended that you take **NO** medications during first trimester unless medically indicated.

Italics require a prescription

This list is also available on our website for your use while traveling.

Medication Name	1 st Tri 1-13 Weeks	2 nd Tri 14-27 Weeks	3 rd Tri 28-40 Weeks	Lactation 0-6 mo	Lactation 6-12 mo	Lactation 12+ mo
ANTACIDS / REFLEX / UPSET STOMACH						
Plain Maalox, Mylanta, Tums, Roloids	Yes	Yes	Yes	Yes	Yes	Yes
Pepto-Bismol (bismuth subsalicylate)	Yes	No	No	Yes	Yes	Yes
Pepcid (famotidine)	Yes	Yes	Yes	Yes	Yes	Yes
Zantac (ranitidine)	Yes	Yes	Yes	Yes	Yes	Yes
Tagamet (cimetidine)	Yes	Yes	Yes	Yes	Yes	Yes
<i>Aciphex (rabeprazole)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Nexium (lansoprazole)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Prevacid (pantoprazole)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Prilosec (omeprazole)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Protonix (pantoprazole)</i>	Yes	Yes	Yes	Yes	Yes	Yes
ANTIBIOTICS						
<i>Amoxicillin, Ampicillin</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Augmentin (amoxicillin+clavulanate)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Bactrim (trimethoprim/sulfamethoxazole)</i>	Yes	Yes	No	Yes	Yes	Yes
<i>Cipro (ciprofloxacin)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Levofloxacin (Levaquin)</i>	Yes	Yes	Yes			
<i>Clindamycin</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Doxycycline</i>	No	No	No	Yes	Yes	Yes
<i>Erythromycin</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Keflex (cephalexin)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Macrobid, Macrochantin (nitrofurantoin)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Metronidazole</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Tetracycline</i>	No	No	No	Yes	Yes	Yes
ANTI-DEPRESSANTS - Discuss with Provider						
<i>Paxil (paroxetine)</i>	No	No	No			
ANTI-DIARRHEALS						
Imodium Capsules (loperamide)	Yes	Yes	Yes	Yes	Yes	Yes
Kaopectate (bismuth subsalicylate)	Yes	No	No	Yes	Yes	Yes
ANTI-EMETICS						
<i>Diclegis</i>	Yes	Yes	Yes			
<i>Doxylamine (Unisom sleep tabs)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Kytril, Sancuso (granisetron)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Phenergan (promethazine)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Reglan (metoclopramide)</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Zofran (ondansetron)</i>	Yes	Yes	Yes	Yes	Yes	Yes

Medication Name	1 st Tri 1-13 Weeks	2 nd Tri 14-27 Weeks	3 rd Tri 28-40 Weeks	Lactation 0-6 mo	Lactation 6-12 mo	Lactation 12+ mo
ANTIFUNGALS						
<i>Nystatin</i>	Yes	Yes	Yes	Yes	Yes	Yes
<i>Diflucan</i> (<i>fluconazole</i>)	Yes	Yes	Yes	Yes	Yes	Yes
<i>Gynazole 1</i> (<i>butoconazole</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Gyne-lotrimin 3 or 7 days (<i>clotrimazole</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Monistat 1 day (<i>miconazole</i> , <i>ticonazole</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Monistat 3 or 7 day (<i>miconazole</i>)	Yes	Yes	Yes	Yes	Yes	Yes
ANTIHISTAMINES / DECONGESTANTS / COUGH / COLD						
<i>Allegra</i> (<i>fexofenadine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Afrin Nasal Spray (<i>oxymetazoline</i>)	No	No	No	No	No	No
Benadryl (<i>diphenhydramine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Chlor-trimeton (<i>chlorpheniramine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Clarinet, alavert (<i>loratadine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Cough Drops	Yes	Yes	Yes	Yes	Yes	Yes
Mucinex (<i>guaifenesin</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Mucinex-D (<i>guaifenesin</i> + <i>pseudoephedrine</i>)	Yes	Yes	Yes	Yes	Yes	No
Phenylephrine	Yes	Yes	Yes	Yes	Yes	Yes
Robitussin Cough, Delsym (<i>dextromethorphan</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Robitussin CF cough&Cold (<i>dextromethorphan</i> + <i>guaifenesin</i> + <i>phenylephrine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Robitussin DM (<i>dextromethorphan</i> + <i>guaifenesin</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Sudafed (<i>pseudoephedrine</i>)	Yes	Yes	Yes	Yes	Yes	No
Zicam (Follow Instructions carefully)	Yes	Yes	Yes	Yes	Yes	Yes
Zyrtec (<i>certirizine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
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ANTIVIRALS						
<i>Famvir</i> (<i>famcyclovir</i>)	Yes	Yes	Yes	Yes	Yes	Yes
<i>Valtrex</i> (<i>valcyclovir</i>)	Yes	Yes	Yes	Yes	Yes	Yes
<i>Zovirax</i> (<i>acyclovir</i>)	Yes	Yes	Yes	Yes	Yes	Yes
INSOMNIA						
Benedryl (<i>diphenhydramine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Cal / Mag	Yes	Yes	Yes	Yes	Yes	Yes
Unisom (<i>doxylamine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Sominex (<i>diphenhydramine</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Natural Calm Magnesium Powder	Yes	Yes	Yes	Yes	Yes	Yes
INDIGESTION / GAS						
Papain (<i>papaya enzyme</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Bromelain (<i>pineapple enzyme</i>)	Yes	Yes	Yes	Yes	Yes	Yes
Gas X	Yes	Yes	Yes	Yes	Yes	Yes
Phazyme	Yes	Yes	Yes	Yes	Yes	Yes
Mylicon	Yes	Yes	Yes	Yes	Yes	Yes
Simethicone	Yes	Yes	Yes	Yes	Yes	Yes

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LAXATIVES / STOOL SOFTENERS						
Citrucel (methylcellulose powder)	Yes	Yes	Yes	Yes	Yes	Yes
Colace (docusate sodium)	Yes	Yes	Yes	Yes	Yes	Yes
Dulcolax Tablets (bisacodyl)	Yes	Yes	Yes	Yes	Yes	Yes
Metamucil / Konsyl	Yes	Yes	Yes	Yes	Yes	Yes
<i>Lactulose</i>	Yes	Yes	Yes	Yes	Yes	Yes
Milk Of Magnesia	Yes	Yes	Yes	Yes	Yes	Yes
Miralax (PEG)	Yes	Yes	Yes	Yes	Yes	Yes
Senokot	Yes	Yes	Yes	Yes	Yes	Yes
PAIN / FEVER / HEADACHE						
Aleve (naproxen sodium)	No	Yes	No	Yes	Yes	Yes
Aspirin (81mg)	Low dose ONLY if recommended	If Prescribed by Provider	If Prescribed by Provider	Yes	Yes	Yes
Motrin, Advil (ibuprofen)	No	Yes	No	Yes	Yes	Yes
Tylenol (acetaminophen)	Yes	Yes	Yes	Yes	Yes	Yes
<i>Tylenol with Codeine</i>	Recommended dose only	Recommended dose only	Recommended dose only	No	No	No
TOPICAL CREAMS / OINTMENTS						
Benadryl, hydrocortisone, caladryl	Yes	Yes	Yes	Yes	Yes	Yes
Retin A	No	No	No	Yes	Yes	Yes
Salicylic Acid	No	No	No	Yes	Yes	Yes
Benzoyl Peroxide	Yes	Yes	Yes	Yes	Yes	Yes