Pregnancy Medication List

It is recommended that you take NO medications during first trimester unless medically indicated.

This list is also available on our website for your use while traveling.

Medication Name	1st Tri 1-13 Weeks	2nd Tri 14-27 Weeks	3rd Tri 28-40 Weeks	Lactation 0-6 months	Lactation 6-12 months	Lactation 12+ months
ANTACIDS/REFLEX/UPSET STOMACH						
Plain Maalox, Mylanta, tums, Rolaids	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Pepto-Bismol (bismuth subsalicylate)	**Yes**	**No**	**No**	**Yes**	**Yes**	**Yes**
Pepcid (famotidine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Zantac (ranitidine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Tagamet (cimetidine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Aciphex (rabeprazole) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Nexium (Esomeprazole) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Prevacid (Lansoprazole) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Prilosec (omeprazole)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Protonix (pantoprazole) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
ANTIBIOTICS (all RX)						
Amoxicillin, Ampicillin RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Augmentin (amoxicillin+clavulanate) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Bactrim (trimethoprim/sulfamethoxazole) RX	**Yes**	**Yes**	**No**	**Yes**	**Yes**	**Yes**
Cipro (ciprofloxacin)RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Levofloxacin (Levaquin) RX	**Yes**	**Yes**	**Yes**	**No**	**No**	**No**
Clindamycin RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Doxycycline RX	**No**	**No**	**No**	**Yes**	**Yes**	**Yes**
Erythromycin RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Keflex (cephalexin) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Macrobid, Macrodantin (nitrofurantoin) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Metronidazole RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Tetracycline RX	**No**	**No**	**No**	**Yes**	**Yes**	**Yes**
ANIT-DEPRESSANTS						
Discuss with Provider						
NO Paxil (paroxetine)	**No**	**No**	**No**			
ANTI-DIARRHEALS						
Imodium Capsules (loperamide)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Kaopectate (bismuth subsalicylate)	**Yes**	**No**	**No**	**Yes**	**Yes**	**Yes**

Medication Name	1st Tri 1-13 Weeks	2nd Tri 14-27 Weeks	3rd Tri 28-40 Weeks	Lactation 0-6 months	Lactation 6-12 months	Lactation 12+ months
ANTI-EMETICS						
Diclegis RX	**Yes**	**Yes**	**Yes**			
Doxylamine (Unisomx sleep tabs)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Kytril or Sancuso (granisetron) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Phenergan (promethazine) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Reglan (metoclopramide) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Zofran (ondansetron) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
ANTIFUNGALS						
Nystatin RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Diflucan (fluconazole) RX	**No**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Gynazole 1 (butoconazole) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Gyne-lotrimin 3 or 7 days (clotrimazole)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Monistat 1 day (miconazole, ticonazole) Not Preferred	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Monistat 3or 7 day (miconazole)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
ANTIHISTAMINES / DECONGESTANTS / COUGH / COLD						
Allegra (fexofenadine) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Afrin Nasal Spray (oxymetazoline)	**No**	**No**	**No**	**No**	**No**	**No**
Benadryl (diphenhydramine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Chlor-trimeton (chlorpheniramine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Clarinex, alavert (loratadine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Cough Drops	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Flonase	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Mucinex (guaifenesin)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Mucinex-D (guaifenesin+pseudoephedrine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**No**
Phenylephrine	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Robitussin Cough, Delsym (dextromethorphan)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Robitussin CF cough&Cold (dextromethorphan+ guaifenesin+ phenylephrine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Robitussin DM (dextromethorphan + guaifenesin)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Sudafed (pseudoephedrine)	**No**	**No**	**No**	**Yes**	**Yes**	**No**
Zicam (Follow Instructions carefully)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Zyrtec (certirizine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
ANTIVIRALS						
Famvir (famciclovir) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**

Medication Name	1st Tri 1-13 Weeks	2nd Tri 14-27 Weeks	3rd Tri 28-40 Weeks	Lactation 0-6 months	Lactation 6-12 months	Lactation 12+ months
Valtrex (valacyclovir) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Zovirax (acyclovir) RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
INSOMNIA						
Benadryl (diphenhydramine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Cal / Mag	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Unisom (doxylamine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Sominex (diphenhydramine)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**yes**
Natural Calm Magnesium Powder	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
INDIGESTION / GAS						
Papain (papaya enzyme)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Bromelain (pineapple enzyme)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Gas X (Simethicone)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Pha zyme (Simethicone)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Mylicon (Simethicone)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
LAXATIVES / STOOL SOFTENERS						
Citrucel (methylcellulose powder)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Colace (docusate sodium)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Dulcolax Tablets (bisacodyl)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Metamucil / Konsyl	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Lactulose RX	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Milk Of Magnesia	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Miralax (PEG)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Senokot	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
PAIN / FEVER / HEADACHE						
Aleve (naproxen sodium)	**No**	**No**	**No**	**Yes**	**Yes**	**Yes**
Aspirin (81mg)	**Low dose ONLY if REC**	**If Prescribed by Provider**	**If Prescribed by Provider**	**Yes**	**Yes**	**Yes**
Motrin, Advil (ibuprofen)	**No**	**No**	**No**	**Yes**	**Yes**	**Yes**
Tylenol (acetaminophen)	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Tylenol with Codeine RX	**Recommended dose only**	**Recommended dose only**	**Recommended dose only**	**No**	**No**	**No**
TOPICAL CREAMS / OINTMENTS						
Benadryl, hydrocortisone, caladryl	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**
Retin A	**No**	**No**	**No**	**Yes**	**Yes**	**Yes**
Salicylic Acid	**No**	**No**	**No**	**Yes**	**Yes**	**Yes**
Benzoyl Peroxide	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**	**Yes**

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